

# Alliance Alert

## Telehealth Services

The Public Employee Benefits Alliance (PEBA) was created by a group of Texas Government leaders working together for over a year to develop strategies to manage the rising costs of healthcare benefits. PEBA was established in January 2006 and was created pursuant to Chapter 791 of the Texas Local Government Code, the Purchasing Program Chapter 271 of the Texas Local Government Code and all other applicable provisions of Texas Law. PEBA membership is open to all Texas Local Governments who pay an annual membership fee and execute a PEBA Participating Interlocal Agreement. However, Local Governments who are members of one of the political subdivision Pools will obtain automatic annual PEBA membership through the participating Pool. An additional per proposal fee is established for proposal participants for all non-Pool members.

PEBA's mission is to support the individual members by providing: negotiation services to manage the spiraling cost of healthcare and related benefits, work through the alliance procurement model to purchase healthcare and related benefits a competitive price, and contractual negotiations which will include vendor service accountability requirements. In order to accomplish this mission, PEBA makes a commitment to negotiate on behalf of the membership affordable, high-quality healthcare and related benefits and services.

The PEBA Board met December 19, 2014 and made the decision to approve the PEBA Administrative Services staff recommendation to execute a three year contract with Healthiest You for telehealth services.

The term of the contract will commence on January 1, 2015 through January 31, 2017. To be eligible for the new PEBA contract, the membership will be required to sign a Letter of Intent.



**Connecting to Healthcare has never been easier!**

24x7 Physician Access • Timely Geo-Fenced Reminders • Submit Claims to Payor • Timely Health Reminders

Call Healthiest You first when you get sick: 1-866-703-1259

Differentiators	Implications
Member Engagement	Mobile App, Custom Marketing, Partner Portal, Admin Portal, Custom Wellness, Retention Team, Co-Branded Enrollment Site, Utilization Monitoring, Administration Portal
Utilization	Our members utilize way more! Competitor average = 2% • HealthiestYou average = 39.75% • Reporting will be provided
Claim Redirection	2.2 Fewer PTO days per employee* • 36.6% Fewer Claims filed

### Three Easy Steps for Physician Access 24/7/365

1. Visit [healthiestyou.com](http://healthiestyou.com) and log in to your account or call toll free number 1-866-703-1259.
2. A HealthiestYou care coordinator will initiate your request.
3. You will be connected with a physician licensed in your state that can consult, diagnose and prescribe.

#### Physician Access 24/7 Access to Doctors:

- Licensed and reside in the U.S.
- All Board Certified Licensed Physicians
- Available by phone, video or e-mail (*Texas, Louisiana and Iowa limited to Phone, California limited Prescription Services*)
- Diagnose, treat and prescribe
- Service available in 48 states (*except Idaho and Arkansas*)
- Largest Telehealth network in the country
- Second opinion availability round the clock access to specialists

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## Top Treated Diagnosis

- Acute Upper Respiratory Infections of Unspecified Site
- Acute Pharyngitis
- Urinary Tract Infection
- Acute Sinusitis Unspecified
- Acute Bronchitis

## Value Added Options

- **Start a Wellness Program:** Clinically validated online health platform that adapts to your needs, helping you manage a wide array of conditions and diseases. Demonstrated improvement in weight, stress, mood and more using intrinsic brain principles and behavioral motivators.
  - › Go to [program.healthiestyou.com](http://program.healthiestyou.com), register and enter your code
  - › Launch your personalized wellness program by completing your health assessment
  - › Begin your path to feeling better
  - › Online coaching
  - › Multiple modalities for interaction (*social, gaming, mobile, biosensors*)
  - › Cost Effective Wellness Solutions
- **Price your Medications:** Compare prices for all FDA-approved prescription drugs at virtually every pharmacy in America. Save up to 80% at local pharmacies you already know. We can often beat your copay or help with drugs that are not covered by your plan even if you have a benefit program.
  - › Visit [healthiestyourx.com](http://healthiestyourx.com) and enter your drug name and zip code to find local deals
  - › Compare prices from thousands of providers including local pharmacies and national chains
  - › Print your coupon and take it to your preferred pharmacy

## Telehealth Cost

Consult: \$40 Consult fee	No Consult
0-5k lives – \$3.15 PEPM	0-25k lives – \$4.00 PEPM
5k-19k lives – \$3.00	25k + lives – \$3.75
20k + lives – \$0.99	

## Healthiest You Implementation Steps

1. **Submit Enrollment Information:** A group application and employee census must be completed and sent to [enrollment@healthiestyou.com](mailto:enrollment@healthiestyou.com).
2. **Educational Materials:** Materials are available for download/print on [hyadmin.com](http://hyadmin.com). If you have specific educational needs, Healthiest You will be happy to discuss employer program customization.
3. **Welcome Kit:** Welcome materials will be mailed to each eligible employee at the address provided on the group census. The group census must be returned no later than 7-10 business days prior to effective date to ensure welcome kits arrive on or before the service effective date.
4. **Billing & Invoices:** An e-mail notification will be sent on the 20<sup>th</sup> of each month alerting you that a draft invoice for your next month's services is ready for review and accessible online. On the 1<sup>st</sup> of each month you will receive a PDF copy of your invoice via e-mail, along with payment remittance instructions. Payments may be made securely online using our billing partner, [bill.com](http://bill.com) or mailed to the office.
5. **Group Administration:** Online access to the group administrator listed on the group application will be granted. This will provide real-time access to make changes to your group (i.e. adds, terminations, plan changes, updates, etc.) Administrators can login by going to [healthiestyou.com](http://healthiestyou.com) and clicking ADMINS at the top of the page. Login information will be sent to the admin once the group implementation has been completed.

*HealthiestYou recognizes the need to protect the privacy of PHI in order to facilitate the effective delivery of health care. Security Policies and Procedures were provided with a Business Continuity Plan. Credentialing information will be submitted quarterly for PEBA's Administrative Services staff review to ensure appropriate credentialing occurs for the network of telehealth physicians.*

To learn more about PEBA Membership or how to access Telehealth services, contact PEBA:

Nickie Bischoff (512) 719-6768 or (800) 348-7879, ext. 6768

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**Public Employee Benefits Alliance**  
**www.BuyPEBA.org**

## LETTER OF INTENT

Enter your group's name here intends to access the PEBA Alliance Agreement with Healthiest You. Enter your group's name here realizes the Alliance Agreement is a three year term and to access the IEBP and PEBA Alliance Agreement, the employer must continue to be an active member of PEBA with appropriate annual membership and proposal fees paid in full. Each group will be required to enter into a separate agreement with IEBP.

**Contact information for the person that IEBP should contact to begin implementation:**

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone #: \_\_\_\_\_

**Letter of Intent Approved by:**

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Title: \_\_\_\_\_

Employer: \_\_\_\_\_